

# Wilson's Life Skills Suggested Reading List

Prices from [www.Amazon.com](http://www.Amazon.com) & iTunes Official Store \*5-21-2013

## Emotional Development and Resilience

1. **The 7 Habits of Highly Effective People**– Stephen R. Covey, *Simon & Schuster, NY*, (\$9.03-Book, \$8.58-Kindle, \$9.99-iTunes)
2. **Emotional Intelligence: 10<sup>th</sup> Anniversary Edition; Why It Can Matter More Than IQ** (2005) & **Working with Emotional Intelligence** (2000)– Daniel Goleman, *Bantam Books*, (\$19.68 & \$13.17-Book, \$13.99 & \$11.99-Kindle, \$13.99 & \$11.99-iTunes)
3. **The EQ Edge** – Steven J. Stein, PhD, Howard E. Book, MD, (\$21.05-Book, \$15.37-Kindle, \$19.99-iTunes)
4. **Nice Girls Don't Get the Corner Office** (2004)– Lois Frankel, PhD, (\$11.49-Book, \$7.99-Kindle, \$7.99-iTunes)
5. **The Feminine Mistake**– Leslie Bennetts, *Voice*, (\$9.98-Book, \$8.69-Kindle, \$9.99-iTunes)
6. **Who Moved My Cheese** – Spencer Johnson, *Putnam Press*, (\$16.04-Book, \$13.99-Kindle, \$13.99-iTunes)
7. **The Four Agreements** – Don Miguel Ruiz, Amazon (\$7.33, \$6.96-Kindle, \$9.99-iTunes)
8. **Blink** by Malcolm Gladwell (how people make decisions in the first seconds of seeing something - author of *The Tipping Point*) (\$13.71-Book, \$7.99-Kindle, \$7.99-iTunes)
9. **Zen and the Art of Happiness**– Chris Prentiss, (\$10.59-Book, \$8.49-Kindle) or **How Full Is Your Bucket** – Tom Rath & Donald Clifton, (\$13.91-Book, \$9.99-Kindle, \$9.99-iTunes)

## Communications and Negotiation Skills

10. **Handbook of Veterinary Communication Skills** – Carol Gray & Jenny Moffett, *Wiley-Blackwell*, (\$48.41-Book)
11. **The One Minute Manager**– Ken Blanchard, Spencer Johnson, *William Morrow & Company, Inc.*, (\$15.78-Book, )
12. **Putting the One Minute Manager to Work**– Ken Blanchard, Robert Lorber, *The Berkeley Publishing Group, NY*, (\$15.51-Book)
13. **Kidding Ourselves** – Rhona Mahoney (how children affect the careers of women and their “threat points” in negotiations), (\$24.70-Book)
14. **Getting Past No**– William Ury, *Bantam Books*, (\$13.72-Book, \$16.99-Kindle, \$16.99-iTunes)

## Leadership

15. **Leadership 101, What Every Leader Needs to Know** (\$5.38-Book, \$7.99-Kindle, \$7.99-iTunes) & **The 21 Indispensable Qualities of a Leader** – John Maxwell, (\$11.87-Book, \$9.17-Kindle, \$9.99-iTunes)
16. **Leading Change**– John P. Kotter, (\$18.78-Book, \$14.99-Kindle, \$14.99-iTunes)
17. **Paradigms – The Business of Discovering the Future** – Joel Arthur Baker, *Harper Business*, (\$10.69-Book)

## Business Development and Goal Planning

18. **The E Myth Revisited**– Michael E. Gerber, *Harper Business*, (\$15.16-Book, \$12.74-Kindle, \$14.99-iTunes)
19. **Good To Great**– Jim Collins, *Harper Business*, (\$20.08-Book, \$16.99-Kindle, \$16.99-iTunes)

## Personal Finance

20. **Don't Count On It!** – Bogle, John, 2011 – fantastic book that addresses index vs. mutual funds and lots more. (\$19.07-Book, \$16.47-Kindle, \$19.99-iTunes)
21. **Investing from Scratch – A Handbook for the Young Investor**– James Lowell, *Penguin Books*, (\$14.40-Book, \$12.99-Kindle, \$12.99-iTunes)
22. **Nice Girls Don't Get Rich** – Lois Frankel, PhD, (\$11.12-Book, \$9.99-Kindle, \$9.99-iTunes)

## Résumés, Cover Letters, and Career Planning

23. **Knock 'Em Dead Résumés** (2012) (\$11.15-Book, \$6.39-Kindle, \$9.99-iTunes) & **Knock 'Em Dead Cover Letters** (2012) – Martin Yate, *Adams Media Corp.*, (\$11.15-Book, \$8.52-Kindle, \$9.99-iTunes)
24. **What Color is Your Parachute? 2013** (valuable chapters on selecting the right career) – Richard N. Bolles, *Ten Speed Press*, (\$13.78-Book, \$11.99-Kindle, \$11.99-iTunes)

**Titles in bold represent first choices for a “life skills beginner’s reading list”**